

WHAT IS CLAIMED IS:

1. A bone tap for introducing fluid into a bone, comprising:
a body;
5 a passage through at least a portion of the body;
threading located near an end of the body; and
one or more openings through the threading in communication with the passage.
2. The bone tap of claim 1, wherein the passage and at least one of the openings is
10 configured to allow delivery of fluid to the bone during use.
3. The bone tap of claim 1, further comprising at least one flute formed in the threading
adjacent to one of the openings.
- 15 4. The bone tap of claim 1, wherein the threading is configured to inhibit backflow of fluid
along the body.
5. The bone tap of claim 1, further comprising a fluid port configured to form a seal with a
fluid delivery system configured to introduce fluid into the passage.
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6. The bone tap of claim 1, further comprising a tool portion configured to couple to a
driver that facilitates insertion of the body into bone.
7. The bone tap of claim 1, wherein the passage extends from a proximal end of the tap to a
25 distal end of the tap.
8. The bone tap of claim 1, wherein the one or more openings comprises a plurality of
fenestrations, wherein three or more fenestrations are spaced at substantially regular intervals
along the threading.
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9. A system for forming a threaded hole in a bone, comprising:

a tap comprising a passage and one or more openings; and
a driver configured to be coupled to the tap.

10. The system of claim 9, wherein the passage and at least one of the openings are adapted
5 to allow delivery of bone cement to the bone during use.

11. The system of claim 9, wherein the driver comprises a resilient member adapted to inhibit
unintentional separation of the driver from the tap.

10 12. The system of claim 9, wherein the resilient member is a spring tab.

13. The system of claim 9, wherein the tap further comprises a fluid port.

14. The system of claim 9, further comprising a fluid delivery system.
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15. A method of introducing a fluid into a bone, comprising:
advancing a bone tap into the bone, the bone tap comprising a passage and one or more
openings communicating with the passage;
introducing the fluid to the bone through at least one of the openings; and
20 allowing the fluid to spread to a portion of the bone.

16. The method of claim 15, wherein the fluid comprises bone cement.

17. The method of claim 15, wherein advancing the bone tap into the bone comprises
25 attaching a driver to the bone tap, placing the bone tap at an initial opening formed in the bone,
and rotating the bone tap to thread the bone tap into the bone.

18. The method of claim 15, wherein introducing fluid to the bone comprises coupling a fluid
delivery system to the bone tap, and activating the fluid delivery system to move fluid through
30 the bone tap and into the bone.

19. The method of claim 15, further comprising coupling a driver to the bone tap, and using the driver to remove the bone tap from the bone.

20. The method of claim 15, further comprising introducing a bone fastener into an opening
5 formed by the bone tap.